Donate Sanitary Napkins or Tampons

Join New Voices as we join the fight to end ‘period poverty,’ or a lack of access to feminine hygiene products for financial reasons. Look for the donation bin in the exhibit hall to add your contribution of sanitary napkins and tampons. Donations will benefit Opera Cardinal Ferrari and City Angels, organizations that provide support such as food, clothing, and shelter to the homeless, migrants, and other fragile populations in Milan.

Help Girls Stay Healthy & In School

Over 1.2 billion women around the world do not have access to basic sanitation. Their periods are a challenge every month, disrupting their lives, careers, and education.

• In India, 70% of women in India say their family cannot afford to buy sanitary pads.

• Up to one in ten girls in sub-Saharan Africa miss school during menstruation.

• A survey by the charity Plan International UK found that one in ten girls or women aged 14 to 21 in Britain say they cannot afford menstruation products.

• The most recent Always Confidence & Puberty Survey reveals that nearly one in five American girls have either “left school early or missed school entirely” because they did not have access to menstruation products.

For many women, periods are a time of shame, embarrassment, and fear. Those that skip school during menstruation are left lagging behind their peers. Use of unsanitary alternatives to menstruation products leaves women and girls at risk for bacterial infections and other health complications.

Continue the Fight Locally

Talk to your club about ways you can help provide women and girls meet their basic sanitary needs each month. Consider a fundraiser, or donate product to a local women’s shelter or homeless facility.

Make sure to share your ideas and best practices in our Facebook group, Lions New Voices (facebook.com/groups/lionsnewvoices/).